## **Prescription Drug Benefits**

Stryker's healthcare plan provides benefits for covered prescription drugs, including contraceptives, insulin and diabetic supplies. Benefits are paid for covered drugs that are medically necessary for treatment of a sickness or injury that is not job-related. Covered drugs must be prescribed by a licensed physician or dentist and dispensed by a registered pharmacist.

This section of the Benefits Summary describes the plans administered by UnitedHealthcare. If you are enrolled in an HMO or other insured medical plan that includes prescription drug benefits, please refer to your contract or benefit booklet for information regarding your prescription drug coverage.

## **How Prescription Drug Benefits Work**

UnitedHealthcare administers your prescription drug benefits. You may purchase covered prescriptions through the UnitedHealthcare pharmacy:

- At a participating retail pharmacy, including many chain and local pharmacies
- Through the mail from the convenient home delivery service (for long-term maintenance medications)

Benefits for covered prescription drugs are payable whether or not you use a pharmacy in the UnitedHealthcare network, although your out-of-pocket costs are lower when you use participating pharmacies. Your prescription drug copays apply toward your medical in-network, out-of-pocket maximum.

### **Preferred Drug List**

The UnitedHealthcare/OptumRx™ program includes a preferred drug list (PDL) called the Advantage PDL. The PDL is a guide to help providers prescribe cost-effective medication. Use of the list is completely voluntary for you and your provider.

Benefits are available for outpatient prescription drugs that are considered covered health services. Medications delivered during an inpatient stay are typically covered by the medical plan. The plan pays benefits at different levels for Tier-1, Tier-2 and Tier-3 prescription drugs. All prescription drugs covered by the plan are categorized into these three tiers on the prescription drug list (PDL). The tier status of a prescription drug can change periodically based on the Prescription Drug List Management Committee's periodic tiering decisions. When that occurs, you may pay more or less for a prescription drug, depending on its tier assignment. Since the PDL may change periodically, you can visit www.myuhc.com or call UnitedHealthcare at 800 387 7508 for the most current information.

Each tier is assigned a copay, which is the amount you pay when you visit the pharmacy or order your medications through mail order. Your copay will also depend on whether or not you visit the pharmacy or use the mail order service.

Here's how the tier system works:

- Tier-1 is your lowest copay option. For the lowest out-of-pocket expense, you should consider
   Tier-1 drugs if you and your provider decide they are appropriate for your treatment.
- Tier-2 is your middle copay option. Consider a Tier-2 drug if no Tier-1 drug is available to treat your condition.
- Tier-3 is your highest copay option. The drugs in Tier-3 are usually more costly. Sometimes there are alternatives available in Tier-1 or Tier-2.

### **Your Prescription Drug Benefits**

The following table shows your copays and the benefits available to you under this plan.

### UnitedHealthcare Network Pharmacy or Home Delivery Service

### Non-Network Pharmacy

- At a pharmacy, you pay:
  - \$10 copay for aTier 1 drug
  - \$25 copay for aTier 2 drug
  - \$50 copay for aTier 3 drug
- Through home delivery, you pay:
  - \$25 copay for a
    Tier 1 drug
  - \$62.50 copay for aTier 2 drug
  - \$125 copay for a
    Tier 3 drug
- No claim forms
- Up to a 31-day supply
- Home delivery service for up to a 90-day supply; refills by phone or via the Internet

- You pay full cost of covered prescription at time of purchase
- Your reimbursement is equal to UnitedHealthcare's discounted drug cost, minus the appropriate copay in the column to the left
- Claim forms required
- Up to a 31-day supply

Note: Copays apply to the in-network out-of-pocket maximum only.

### **Preventive Care Medications**

Certain over-the-counter (OTC) prescription drugs and items that are classified for use in preventive care will be covered at 100% when they are:

- Prescribed by a health care professional
- Age and/or gender appropriate
- Filled at a network pharmacy

All brands of eligible OTC medications are covered by the prescription drug benefit. For an up-to-date list of the covered OTC prescription drugs, visit **www.myuhc.com** or call UnitedHealthcare at **800** 387 7508.

### **Contraceptives for Women**

Certain OTC contraceptives, prescription hormonal contraceptives, prescription emergency contraceptives, and prescription diaphragms are covered at 100% when they are:

- Prescribed by a health care professional
- Filled at a network pharmacy

Male contraceptives are not covered.

For an up-to-date list of covered OTC contraceptives, visit **www.myuhc.com** or call UnitedHealthcare at **800** 387 7508.

### **Smoking Cessation Products**

The prescription drug plan covers smoking cessation medications, which require a prescription by a physician (e.g., Chantix, bupropion). Certain overthe-counter (OTC) smoking cessation products (such as patches, lozenges and gum) are covered by the plan, when accompanied by a written (paper) prescription, at no cost-share. You will be eligible for coverage for up to two 90-day treatment cycles of medication each year.

Some prescription (non-OTC) smoking cessation prescription drugs are covered by the plan, at no cost-share. Examples are Bupropion sustained-release (generic Zyban), Nicotrol Inhaler, Nicotrol Nasal Spray and Chanitx Tablet.

### **Generic Drugs**

One way that UnitedHealthcare manages costs for both you and Stryker is to use generic drugs when available. Only FDA "A" rated generic equivalent drugs are dispensed through both the network and home delivery pharmacies. "A" rated generics are subject to the same FDA regulations as brand-name drugs and considered to be equal in therapeutic effectiveness and safety when taken as prescribed. The main difference between generic and brandname drugs is price; generics generally cost substantially less.

### **Discounts on Non-Covered Medications**

Stryker's prescription drug plan does not cover the cost of medications used for weight loss or infertility treatment. However, you are able to purchase these medications at a discounted cost through UnitedHealthcare's home delivery (mail-order) program. Your cost for these medications will be based on discounted wholesale prices negotiated by UnitedHealthcare.

### Rebates

UnitedHealthcare receives rebates for certain brandname medications included on the preferred drug list. A portion of these rebate payments are shared with Stryker and are used to offset the cost of Stryker's health plan. Neither UnitedHealthcare nor Stryker are required to pass on to you, and do not pass on to you, amounts payable under rebate or other discount programs.

### **Expenses Not Covered**

The plan does not cover the following:

- Drugs or medicines lawfully obtainable without a prescription, except for covered OTC preventive care medications and supplements or OTC contraceptives
- Fertility agents and prescription drug products prescribed to treat infertility
- Injectable medication and chemotherapy agents administered by a physician or healthcare professional; these medications are generally covered under the medical plan (Injectable medications that are commonly selfadministered, like insulin, are covered under the prescription plan.)
- Over-the-counter smoking cessation products and smoking cessation medications not prescribed by a physician, or for dependents under age 18, or filled at a non-network pharmacy
- Weight loss and appetite suppression products
- Any drug considered to be experimental or investigational by the Food and Drug Administration (FDA) or medications used for experimental indications and/or dosage regimens considered to be experimental
- Durable medical equipment and prescribed and non-prescribed outpatient supplies other than disposable insulin syringes, insulin pen injectors, needles, lancets and test strips prescribed with injectable insulin
- Immunization agents, biological sera, allergens, allergenic extracts (oral or injectable) and blood or blood plasma (These medications are generally covered under the medical plan.)
- Any medication administered and entirely consumed in connection with direct patient care rendered in the home by licensed healthcare professionals (These medications are generally covered under the medical plan.)

- More than a 31-day supply of a covered drug from a retail pharmacy, or more than a 90-day supply of a covered drug from the home delivery program
- Any medication consumed or administered at the place where the prescription is written, including medication taken or administered while the individual is in a licensed hospital, rest home, sanitarium, extended care facility, convalescent hospital, nursing home or similar institution
- Any covered drug in excess of the quantity specified by the physician, or any refill dispensed after one year from the physician's original order
- Any product used for cosmetic purposes without prior approval from UnitedHealthcare
- Any charge for the administration of covered prescription drugs
- Any drug that may be covered under local, state or federal programs, including Workers' Compensation
- Any amounts over the allowable UnitedHealthcare discounted drug cost
- General vitamins, except prenatal vitamins, vitamins with fluoride, vitamins provided at no cost as described under "Preventive Care Medications," and single entity vitamins that require a prescription
- Compounded drugs that do not contain at least one ingredient that has been approved by the U.S. Food and Drug Administration and requires a prescription order or refill. Compounded drugs that contain a non-FDA approved bulk chemical. Compounded drugs that are available as a similar commercially available prescription drug. (Compounded drugs that contain at least one ingredient that requires a prescription order or refill are assigned to Tier-3)
- A prescription drug product that contains an active ingredient available in a therapeutically equivalent to another prescription drug product
- A prescription drug product that contains an active ingredient which is a modified version of and therapeutically equivalent to another prescription drug product

### How to Apply for an Exception:

If an excluded drug is prescribed for a specific medical condition, you may qualify for an exception. To request an exception, submit a letter to UHC from your doctor stating the medical condition that requires the non-covered drug and the length of projected use. The maximum time for which a letter can justify an exception is 12 months. If your exception is approved, you will be able to purchase your prescription at your local network pharmacy or by mail order by paying the applicable copay or coinsurance amount.

# **How to Obtain Prescription Drug Benefits**

### **Network Pharmacies**

If you use a UnitedHealthcare network retail pharmacy for your covered prescriptions, you pay the appropriate copay, as described in "How Prescription Drug Benefits Work" on page 59. When you present your UnitedHealthcare ID card at a network pharmacy, there are no claims to file.

### **Home Delivery Service**

The home delivery service allows you to order up to a 90-day supply of maintenance medication through the mail. Maintenance medications are prescription drugs taken on a regular or long-term basis. Examples include oral contraceptives and blood pressure medication. Covered prescriptions are delivered directly to your home in unmarked, tamper-resistant packages by First Class mail or a national delivery service. For added convenience, you may order refills by phone or via the Internet.

#### **Non-Network Pharmacies**

If you use a pharmacy outside the network, you pay the full cost of the prescription at the time of purchase. You then must submit a claim form and itemized receipt to UnitedHealthcare. Your reimbursement will be equal to UnitedHealthcare's discounted drug costs, minus the appropriate copay, as described under "How Prescription Drug Benefits Work" on page 59. Because you are responsible for the difference between the discounted drug costs and the actual charge for the prescription, as well as your copay, your final cost will typically be more than if you used a network pharmacy.

### **Prior Authorization**

Certain medications must be reviewed and approved by UnitedHealthcare before your prescription is filled. Your doctor or your pharmacist can obtain prior authorization by calling **800 387 7508**. The UnitedHealthcare prior authorization team will obtain information about your diagnosis and your doctor's drug therapy treatment plan, and determine whether the prescription is approved. Prior authorizations are valid for one year.

The following drugs currently require prior authorization:

- Alfa interferons
- Antiemetic agents
- Avita-Penderm
- Avodart
- Compound medications (approved by UHC over \$150)
- Differin-Galderma
- Growth hormones
- Narcotic analgesics
- Neuraminidase inhibitors
- Proscar
- Regranex
- Retin-A
- Tracleer

This list may change from time to time, as determined by UnitedHealthcare.

### **Special Programs**

### **Specialty Pharmacy**

Some medications are covered as medical benefits rather than as prescription benefits. Please see "Specialty Pharmacy" in the *Medical Benefits* section for further details.

### **Step Therapy**

Certain prescription drug products or pharmaceutical products for which benefits are described in this Benefits Summary are subject to step therapy requirements. This means that in order to receive benefits for such prescription drug products or pharmaceutical products, you are required to use a different prescription drug product or pharmaceutical product first.

You may determine whether a particular prescription drug product or pharmaceutical product is subject to step therapy requirements at UnitedHealthcare's web site at www.myuhc.com or by calling Customer Care at 800 387 7508.

### **Vacation/Travel Overrides**

If you are going to be away from home for an extended period of time, you may want to refill your prescription before you leave—even if you have not used up your current supply of medication. In these situations, contact UnitedHealthcare at **800 387 7508** to request special authorization for the prescriptions you need to take with you on your trip. If you prefer, you can ask your pharmacy to call UnitedHealthcare to make the request on your behalf.

### **Notice of Creditable Coverage**

If you are approaching age 65, you will receive information before your 65<sup>th</sup> birthday about Medicare Part D, the government's prescription drug program, and how it will work with Stryker coverage.

### How to Reach UnitedHealthcare

UnitedHealthcare Stryker Group #: 703997 P.O. Box 740800 Atlanta, GA 30374-0800 **800 387 7508** 

### Prescription Drug Benefits