

AxSOS 3[®]

Proximal Lateral Tibia Locking Plate System



Operative technique

Targeting instrumentation

AxSOS 3

Proximal Lateral Tibia Locking Plate System with targeting instrumentation

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This publication sets forth detailed recommended procedures for using Stryker devices and instruments. It offers guidance that you should heed, but, as with any such technical guide, each surgeon must consider the particular needs of each patient and make appropriate adjustments when and as required.

 **WARNING**

Follow the instructions provided in our cleaning and sterilization guide (OT-RG-1).

 **WARNING**

All non-sterile devices must be cleaned and sterilized before use. Multi-component instruments must be disassembled for cleaning. Please refer to the corresponding assembly/ disassembly instructions.

Please remember that the compatibility of different product systems has not been tested unless specified otherwise in the product labeling.

Consult Instructions for Use (www.ifu.stryker.com) for a complete list of potential adverse effects and adverse events, contraindications, warnings and precautions.

 **WARNING**

- The surgeon must advise patients of surgical risks, and make them aware of adverse effects and alternative treatments.
- The patient should be advised that the device cannot and does not replicate a normal healthy bone, that the device can break or become damaged as a result of strenuous activity or trauma and that the device has a finite expected service life.
- Removal or revision of the device may be required sometime in the future due to medical reasons.

Introduction

The AxSOS 3 Locking Plate System is intended for long bone fracture fixation. The system allows for the use of locking and non-locking screws in the metaphysis and the shaft. This operative technique contains a step-by-step procedure for the implantation of tibial plates using the targeting instrumentation.

Plates and screws used in this operative technique guide:

AxSOS 3 Proximal Lateral Tibia plate:

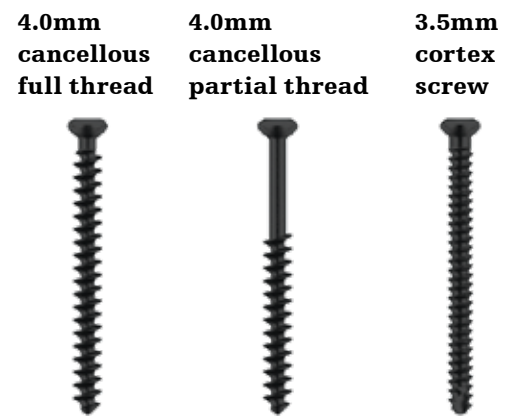


AxSOS 3 screws used with the AxSOS 3 Proximal Lateral Tibia plate:



All of the above AxSOS 3 screws have a T15 screw head interface. Please refer to the compatibility table on page 21 showing SPS and AxSOS 3 compatibility.

SPS Titanium Small Fragment screws used with the AxSOS 3 Proximal Lateral Tibia plate:



All of the above SPS Titanium Small Fragment ISO screws have a Hex 2.5 screw head interface. Please refer to the compatibility table on page 21 showing SPS and AxSOS 3 compatibility.

Indications and contraindications

Indications for use

The **AxSOS 3 Distal Lateral Femur Plates** are indicated for diaphyseal, metaphyseal, epiphyseal, extra- and intra-articular fractures; periprosthetic fractures; non-unions; malunions and osteotomies in the distal femur.

The **AxSOS 3 Proximal Lateral Tibia and Proximal Medial Tibia Plates** are indicated for diaphyseal, metaphyseal, epiphyseal, extra- and intra-articular fractures; periprosthetic fractures; non-unions; malunions and osteotomies in the proximal tibia.

The **AxSOS 3 Distal Anterolateral Tibia and Distal Medial Tibia Plates** are indicated for diaphyseal, metaphyseal, epiphyseal, extra- and intra-articular fractures; non-unions; malunions and osteotomies in the distal tibia.

The **AxSOS 3 Proximal Lateral Humerus Plates** are indicated for diaphyseal, metaphyseal, epiphyseal, extra- and intra-articular fractures; non-unions; malunions and osteotomies in the proximal humerus.

The **AxSOS 3 Waisted Compression Plates** are indicated for:

- diaphyseal, metaphyseal, epiphyseal, extra- and intra-articular fractures; periprosthetic fractures; non-unions; malunions and osteotomies in long bones of the upper and lower extremities,
- fracture fixation of diaphyseal and metaphyseal areas of long bones in pediatric patients, and
- fixation of the scapula and the pelvis (4mm Waisted Compression Plate only).

The AxSOS 3 System is indicated for use in normal and osteopenic bone.

MRI Safety Information

AxSOS 3 System

(no periprosthetic indication)



CAUTION

Non-clinical testing has demonstrated the Stryker AxSOS 3 System is MR Conditional.

A patient with these devices can be safely scanned in an MR system meeting the following conditions:

- Static magnetic field of 1.5T and 3.0T
- Maximum spatial field gradient of 3000 gauss/cm (30T/m)
- Maximum MR system reported, whole body averaged specific absorption rate (SAR) of 2 W/kg (Normal Operating Mode)

Under the scan conditions defined above, the Stryker AxSOS 3 System is expected to produce a maximum temperature rise of less than 7.1°C after 15 minutes of continuous scanning.

In non-clinical testing, the image artifact caused by the device extends approximately 32mm from the Stryker AxSOS 3 System when imaged with a gradient echo pulse sequence and a 3.0T MRI system.

AxSOS 3 System (periprosthetic indication of the femur)

CAUTION

Non-clinical testing has demonstrated the Stryker AxSOS 3 System is MR conditional.

A patient with these devices can be safely scanned in an MR system meeting the following conditions:

- Static magnetic field of 1.5T and 3.0T
- Maximum spatial field gradient of 2000 gauss/cm (20T/m)
- Maximum MR system reported, whole body averaged specific absorption rate (SAR) of 2 W/kg (Normal Operating Mode)
- Scan time restriction: maximum 6 minutes of continuous scanning
- Only in combination with MR conditional Stryker hip implants

Indications and contraindications

Stryker AxSOS 3 System is expected to produce a maximum temperature rise of less than 8.9°C after 6 minutes of continuous scanning.

In non-clinical testing, the image artifact caused by the device extends approximately 45mm from the Stryker AxSOS 3 System when imaged with a gradient echo pulse sequence and a 3.0T MRI system.

CAUTION

The MRI safety information provided is based on testing which did not include supplementary devices. If there are supplementary devices (i.e. plates, screws, wires, prosthesis etc.) present in proximity to the system, this could result in additional MRI effects and the information provided above may not apply.

Contraindications

The physician's education, training and professional judgement must be relied upon to choose the most appropriate device and treatment.

Conditions presenting an increased risk of failure include:

- Any active or suspected latent infection or marked local inflammation in or about the affected area
- Compromised vascularity that would inhibit adequate blood supply to the fracture or the operative site
- Bone stock compromised by disease, infection or prior implantation that cannot provide adequate support and / or fixation of the devices
- Material sensitivity, documented or suspected
- Patients having inadequate tissue coverage over the operative site
- Implant utilization that would interfere with anatomical structures or physiological performance

- Any mental or neuromuscular disorder which would create an unacceptable risk of fixation failure or complications in postoperative care
- Other medical or surgical conditions which would preclude the potential benefit of surgery

Detailed information is included in the instructions for use (www.ifu.stryker.com).

See instruction for use for a complete list of potential adverse effects and contraindications. The surgeon must discuss all relevant risks, including the finite lifetime of the device with the patient.

CAUTION

The AxSOS 3 4.0mm and 5.0mm Waisted Compression plates should not cross the growth plates of pediatric patients.

NOTICE

Several Titanium SPS Screws are also compatible with the AxSOS 3 plates. Please refer to the compatibility table on page 21 showing SPS and AxSOS 3 compatibility. Please note that AxSOS 3 is made out of anodized type II titanium alloy (Ti6Al4V) and is not compatible with any stainless steel plates or screws.

NOTICE

The only plates indicated for pediatric use are the 4.0mm and 5.0mm Waisted Compression Plates.

Operative technique

General guidelines

- Patient positioning:**
- Supine with option to flex the knee. Visualization of the proximal tibia using fluoroscopy in both the lateral and AP views is necessary
- Surgical approach:**
- Lateral parapatellar
 - Lateral curved (hockey stick) or straight

Reduction

Anatomical reduction of the fracture should be performed either by direct visualization with the help of percutaneous clamps, or alternatively by using a bridging external fixator to aid with indirect reduction.

Fracture reduction of the articular surface should be confirmed by direct vision, or fluoroscopy. Use K-wires as necessary to temporarily secure the reduction. Typically, K-wires set parallel to the joint axis will not only act to hold and support the reduction, but also help to visualize/ identify the joint.

Care must be taken that these K-wires do not interfere with the required plate and screw positions.

CAUTION

Consideration must also be taken when positioning independent lag screws prior to plate placement to ensure that they do not interfere with the planned plate location or locking screw trajectories.

If any large bony defects are present they should be filled by either bone graft or bone substitute material.

Bending

In most cases the pre-contoured plate will fit without the need for further bending.

Plate contouring will affect the ability to use the targeting device for percutaneous screw placement. It is therefore not recommended.

If for any reason the plate needs intra-operative contouring, it is recommended to perform shaft fixation using the conventional screw insertion technique without the use of the targeting device.

NOTICE

When using a sub-muscular technique, please refer to the relevant section on page 10.

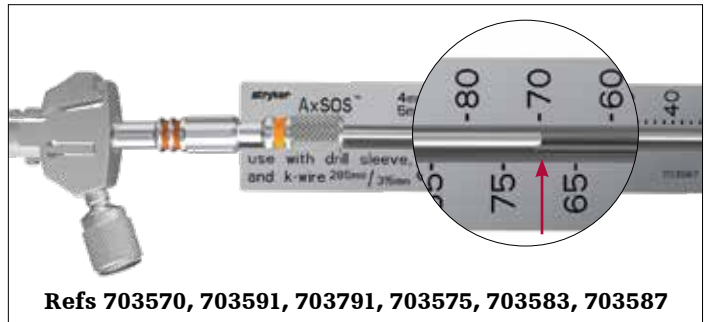
Operative technique

General guidelines

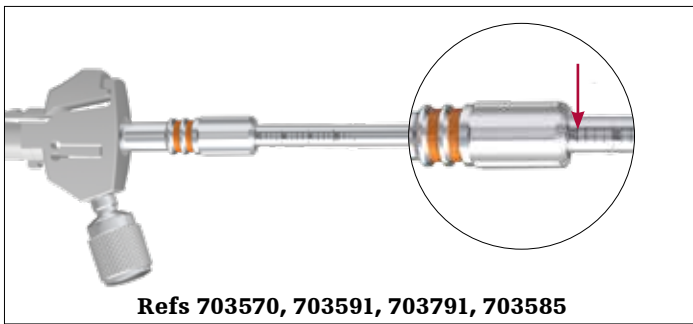
Screw measurement

There are four options to obtain the proper screw length as illustrated below. The screw scale (ref 703587) should always be used with the assembled tissue protection sleeve and the drill guides.

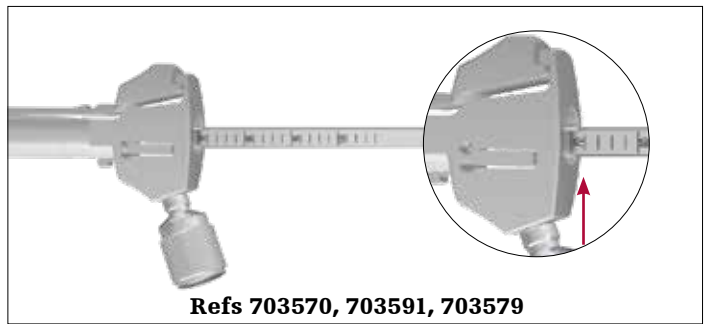
Measurement options:



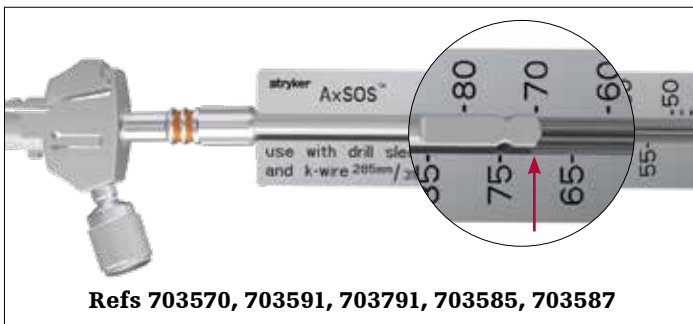
Measure of K-wire



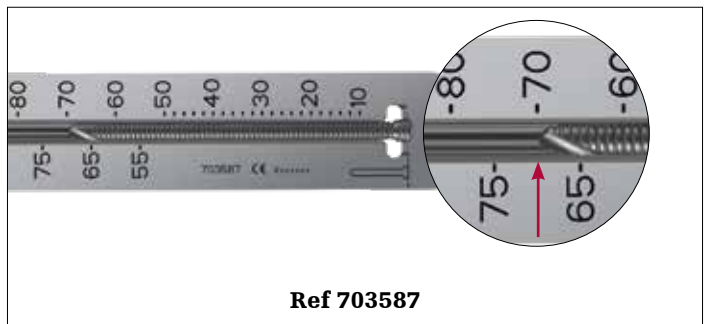
Measure of drill calibration



Measure of measure gauge



Measure of drill end



Screw length control

Soft-tissue re-attachment

Special undercuts on the reverse side of the plate correlating to the two proximal K-wire holes allow simple passing of sutures for meniscus re-attachment after final plate fixation.



CAUTION

If (self-tapping) screws are intended to be positioned bi-cortically make sure the tip

Correct screw selection

Select a screw approximately 2mm-3mm shorter than the measured length to avoid screw penetrations through the opposite cortex in metaphyseal fixation.

is slightly sticking out on the far cortex. Add 2mm-3mm to measured length for optimal bicortical shaft fixation.

Operative technique

Step 1 – pre-operative planning

Use of the X-ray Template (ref 981201) in association with X-rays can assist in the selection of an appropriately sized implant (fig. 1).

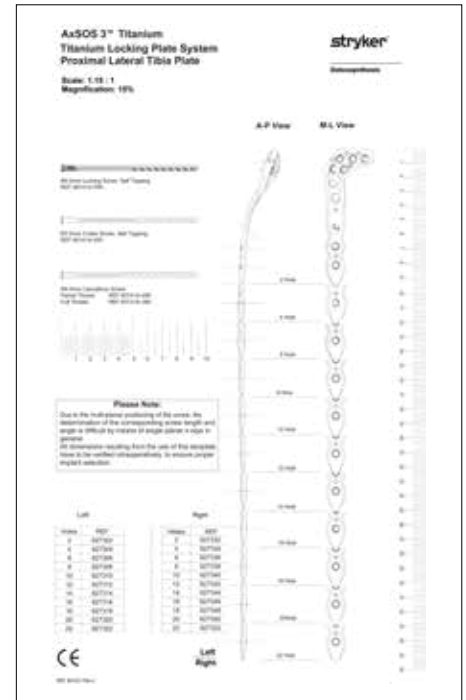


Fig. 1

Operative technique

Step 2 – plate insertion handle assembly

Screw the connecting pin (ref 702974) to the plate using the hex screwdriver 2.5mm / 4.3mm (ref 703592) (fig. 2A).

Connect the adaptor nut (ref 702977) to the plate adaptor (ref 703562 left / 703563 right) and slide the plate adaptor over the connecting pin with the connecting part for the targeting arm pointing to the anterior side of the plate.

Once aligned and the teeth have engaged in the corresponding grooves in the plate, secure the plate adaptor by tightening the adaptor nut with the same hex screwdriver (fig. 2B).

It is recommended to provisionally apply the corresponding targeting arm (ref 703566 left / 703567 right) to check for proper alignment of the targeting device and plate. Insert a drill (ref 703585) through the assembled tissue protection sleeve and drill sleeve (ref 703570 and 703791) into the relevant threaded plate hole prior to plate application.

The targeting arm can now be removed again. The plate insertion handle (ref 702978) can now be attached to help facilitate plate positioning and sliding of longer plates sub-muscularly (fig. 2).

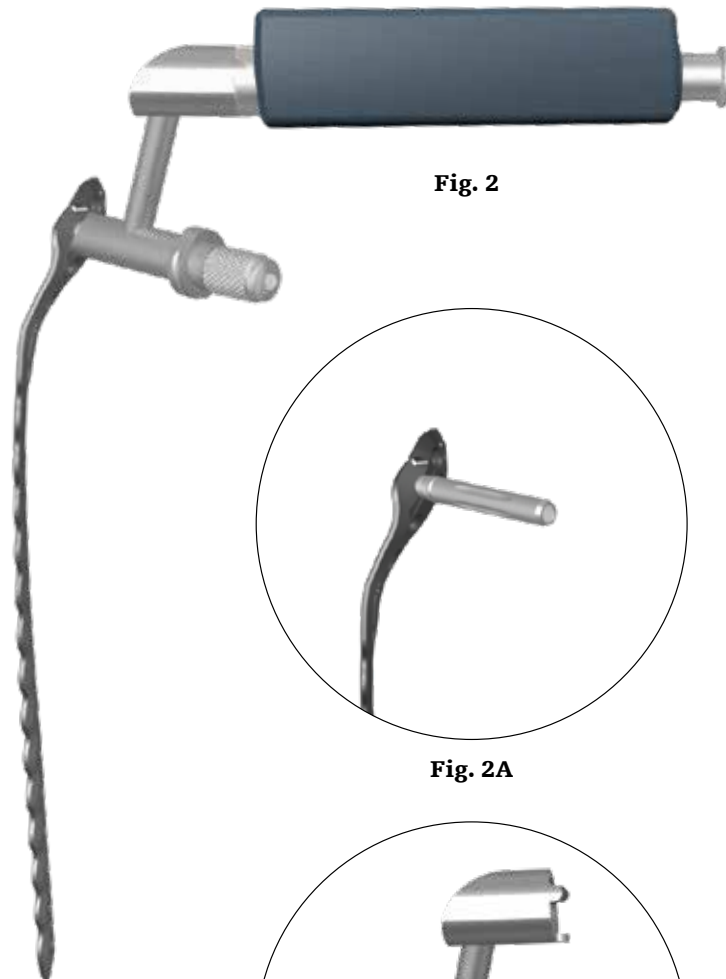


Fig. 2



Fig. 2A



Fig. 2B

Operative technique

Step 3 – submuscular plate application

Patient position

Place the patient supine on a radiolucent bed that will allow fluoroscopic imaging in both the AP and lateral views. Position a bump under the ipsilateral hip to correct natural external rotation of the extremity. Use a ramp or leg elevator to position the operative leg above the contralateral leg for lateral X-rays. Prep the leg circumferentially to the mid-thigh to allow for proximal extension of the incision, allowing adequate exposure if an arthrotomy is required.

Surgical approach

The anterolateral incision is curvilinear centered on Gerdy's tubercle, extending proximally to a direct lateral position at the knee. Incise the iliotibial band in the same manner and perform a submeniscal arthrotomy if needed to confirm articular surface reduction. Elevate the muscles off the proximal tibia towards the fibular head. (Every surgical procedure posterior to the fibular head bears a high risk of peroneal nerve injury). After reduction is obtained, apply the plate to the anterolateral surface of the tibia. The soft tissue elevator (ref 702782) has been designed to create a pathway for the plate (Fig 3). The plate implant has a special rounded and tapered end, which further allows for smooth insertion under the soft tissue. Prior to inserting any wires or



Fig. 3

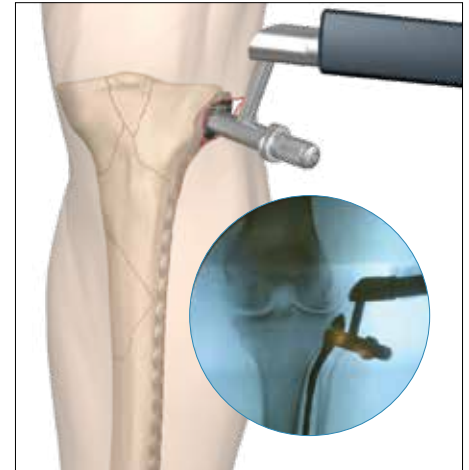


Fig. 4



Fig. 5

screw fixation, confirm that the plate is under the iliotibial and that the iliotibial band is not trapped under the plate, which would hinder future closure of this tissue layer. (Surgical treatment of orthopaedic trauma, Stannard et al.) (Masters techniques in orthopaedic surgery, 2nd ed.). The plate is applied so that the lateral tibial plateau is supported, with the proximal end of the plate approximately 5mm-10mm below the articular surface (fig. 4). Essentially, ensuring that the most proximal locking screws are directly supporting the joint surface.

In addition, plate end markers (ref 703568) may be inserted into the appropriate holes of the targeting arm to assist in locating the plate end and holes designated for locked fixation during the entire procedure (fig. 5). A slightly extended distal shaft incision is recommended to visualize the superficial peroneal nerve. In certain cases this nerve crosses the tibia in the proximity of the distal part of a 12-14 hole plate.

Operative technique

Step 4 – primary plate fixation

A K-wire Ø2.0mm x 285mm (ref 703583) can now be inserted through the cannulation of the adaptor nut and the plate adaptor to help secure the plate to the bone (fig. 6). Precise alignment of the K-wire can be achieved using a K-wire sleeve (ref 703575) through the cannulation of the plate adaptor. Also, other independently placed K-wires can help to support depressed articular surface fragments. Insertion of a K-wire should be checked by fluoroscopy to avoid penetration into the articulating surface.

To remove the insertion handle, press the metal button at the top of the handle. At this point, alignment of the plate to the shaft of the tibia should be checked by fluoroscopy in both the AP and lateral planes, both proximally and distally.

Attach the correct aiming block (ref 703564 left / 703565 right) to the plate adaptor. Ensure that the aiming block is properly seated on the adaptor shaft and secured with the aiming block screw (ref 703597).

Using the tissue protection sleeve (ref 703578) together with the drill sleeve (ref 703791) and the trocar (ref 703577), the drill sleeve can be inserted into the most posterior hole of the metaphyseal portion of the plate.

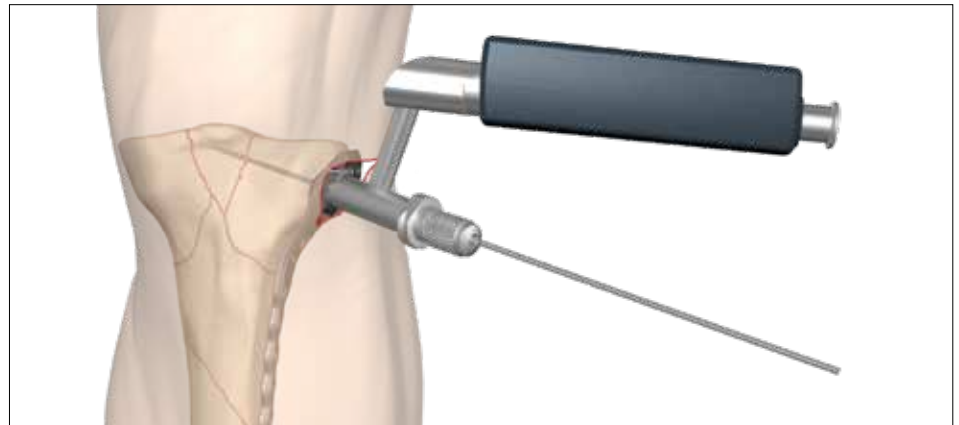


Fig. 6

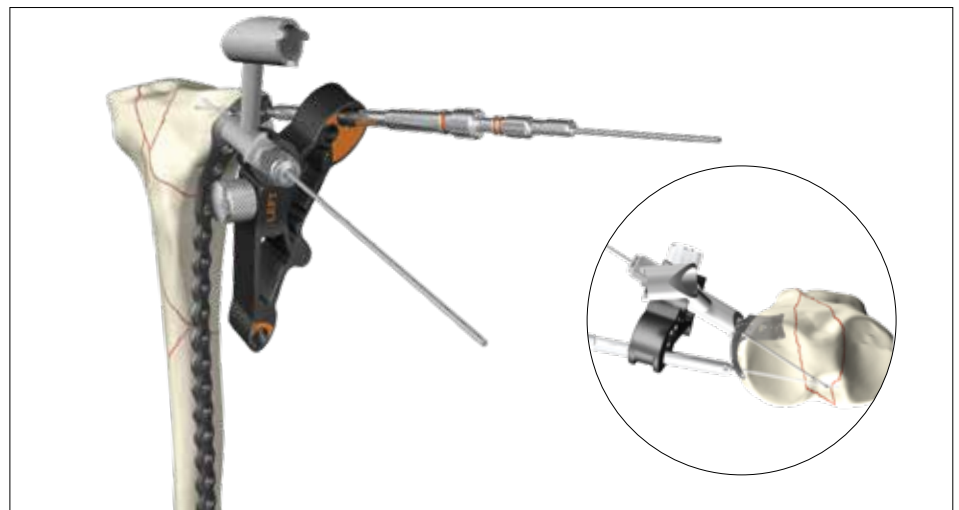


Fig. 7

Ensure that the drill sleeve is properly seated in the thread of the plate hole.

Remove the trocar, replace it with the K-wire sleeve (ref 703575) and then insert a Ø2.0mm x 285mm K-wire (ref 703583).

The above step shows the position of a posterior screw and its relation to the joint surface.

Also, this will confirm that the screw will not be placed intra-articularly or too posterior exiting the cortex into the popliteal space (fig. 7).

Using fluoroscopy, the K-wire position can be checked until the optimal position is achieved, and the plate is positioned correctly.

Operative technique

Correct distal placement should be re-confirmed using fluoroscopy to make sure the plate shaft is properly aligned over the lateral surface of the tibial shaft. If the proximal and axial alignment of the plate is not achieved, then the K-wires should be removed and the plate should be re-adjusted. The aforesaid procedure should be repeated until both the posterior K-wire and the plate are in the desired position.

Do not remove K-wires as a loss of plate position could result. The distal end of the plate must now be secured using the most distal hole of the shaft.

Attach the targeting arm (ref 703566 left / 703567 right) to the plate adaptor.

Mark the skin at the most distal hole using the tissue protection sleeve (ref 703570) through the targeting arm and make a small incision. Insert the trocar with sharp tip (ref 703576) into the tissue protection sleeve (ref 703570) and manipulate the assembly through the targeting arm and the stab incision until the tip of the trocar is in contact with the plate.

Push the tissue protection sleeve further into the hole until the locking notches of the tissue protection sleeve fully engage in the corresponding groove in the targeting arm.



Fig. 8

Ensure that the sleeve fixation screw (ref 703591) is orientated posterior as displayed on the targeting arm.

Essentially, this will securely lock the tissue protection sleeve in the targeting arm.

Remove the trocar and replace it with a drill sleeve (ref 703791) and trocar Ø3.1mm (ref 703577) and continue to manipulate the assembly into the plate hole.

Ensure that the drill sleeve is fully engaged in the thread of the plate hole to create a stable construct between the targeting arm and the plate, providing sufficient stability for accurate screw targeting.

Secure the drill sleeve by tightening the sleeve fixation screw. A Ø2.0mm x 285mm K-wire (ref 703583) can now be inserted using the K-wire sleeve (ref 703575) (fig. 8).

Alternatively, the Ø3.1mm calibrated drill (ref 703585) can be inserted bi-cortically. Additionally, it is recommended to leave the drill bit in place for primary plate stabilization.

Operative technique

If desired, the plate can be pushed to the bone by using the frame fixator (ref 703573) instead of the drill or K-wire. Remove the flat butterfly-nut of the fixator. The self-drilling, self-tapping tip of the frame fixator pin should be inserted bi-cortically through the drill sleeve (ref 703791) (fig. 9). To confirm bi-cortical purchase use fluoroscopy.

When inserting the pin by power, make sure to use a low speed setting to avoid significant temperature increase which can lead to bone necrosis.

Re-attach the flat butterfly-nut over the threaded part of the pin and turn the nut until the plate is in the desired position on the bone (fig. 10).

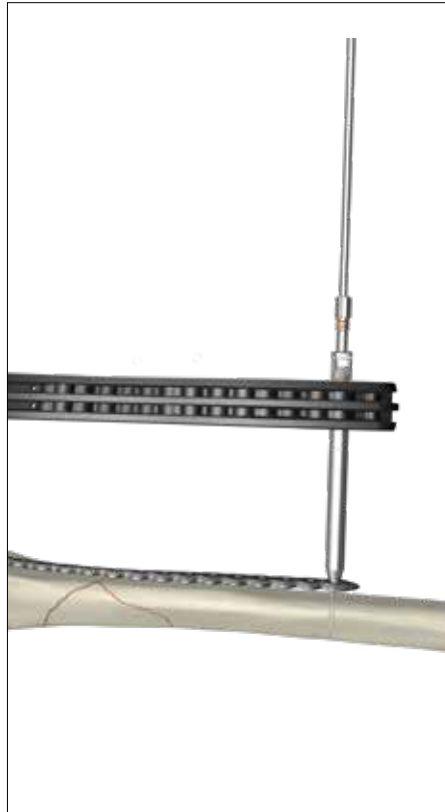


Fig. 9



Fig. 10

NOTICE

Using plates with 10 holes or longer, it is recommended to insert additional tissue protection / drill sleeve (ref 703570 / 703791) assemblies in further holes in the mid way position of the plate shaft. Essentially, this will provide additional rigidity to the frame and will help to compensate plate deformity that might occur using a cortical screw to push the plate against the bone during shaft fixation (fig. 11).

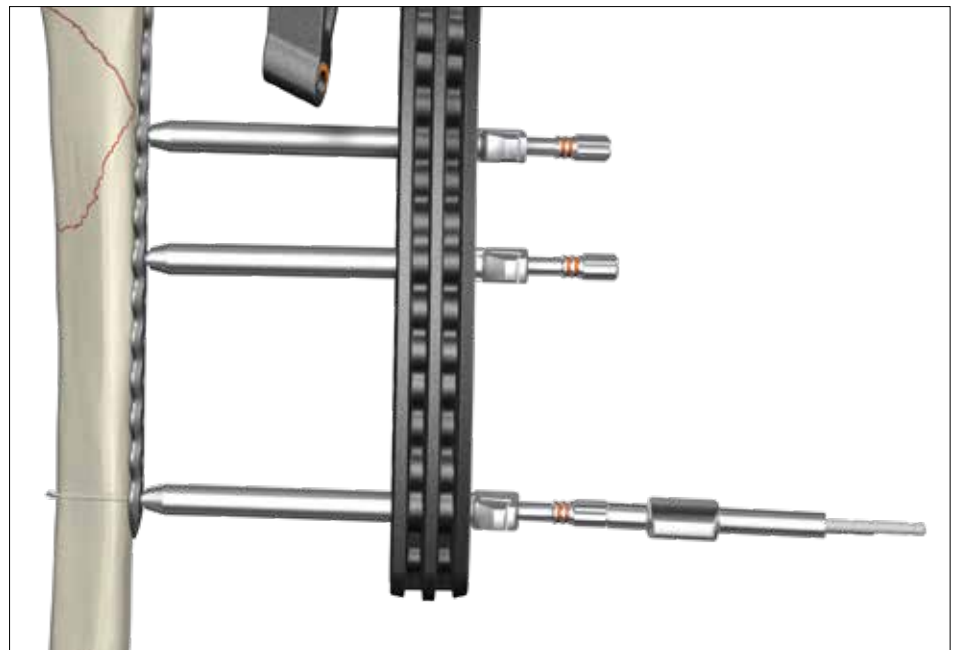


Fig. 11

Operative technique

Step 5 – metaphyseal plate fixation

A) Guided lag screw technique

Locking screws cannot act as lag screws. Should an interfragmentary compression effect be required in metaphyseal fragments, then a Ø3.5mm cortex screw or Ø4.0mm cancellous screw must first be placed in any of the metaphyseal plate holes prior to the placement of any locking screws.

Insert the drill sleeve Ø2.5mm (ref 703572) through the upper window of the aiming block into the oval plate hole. The design of the window directs the drill guide to a fixed angle preventing interference with additional locking screws.

Using the calibrated drill Ø2.5mm (ref 703586), drill the core hole to the appropriate depth (fig. 12A). The screw length can directly be read off the calibrated drill.

Remove the drill sleeve (ref 703572) and overdrill the first cortex using the cortical opener Ø3.5mm (ref 703590). A fully threaded cortical screw can then be inserted using the T15 screw driver Ø2.5mm (ref 703594) or the Screwdriver bit (ref 703595) (fig. 12B). If inserting a Ø4.0mm cancellous screw, it is recommended to pre-tap the near cortex using the corresponding tap (ref 703589).

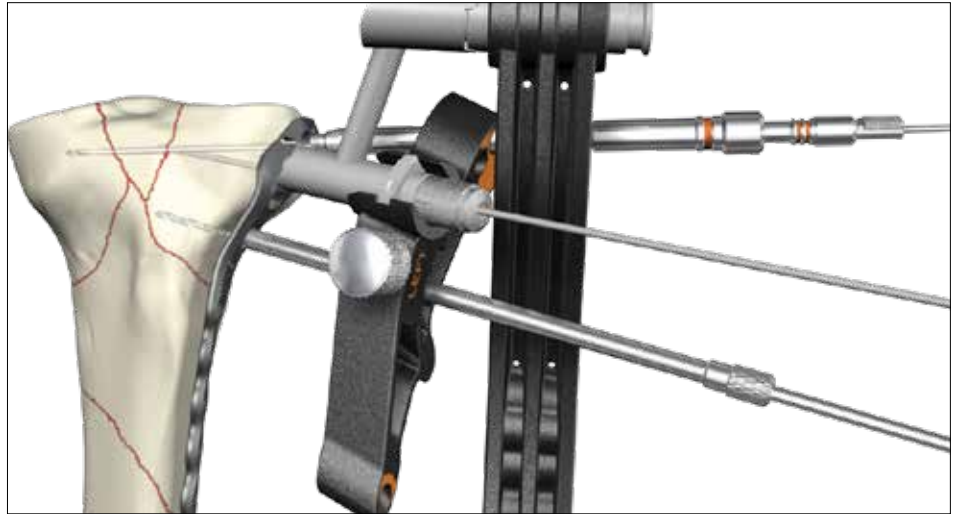


Fig. 12A

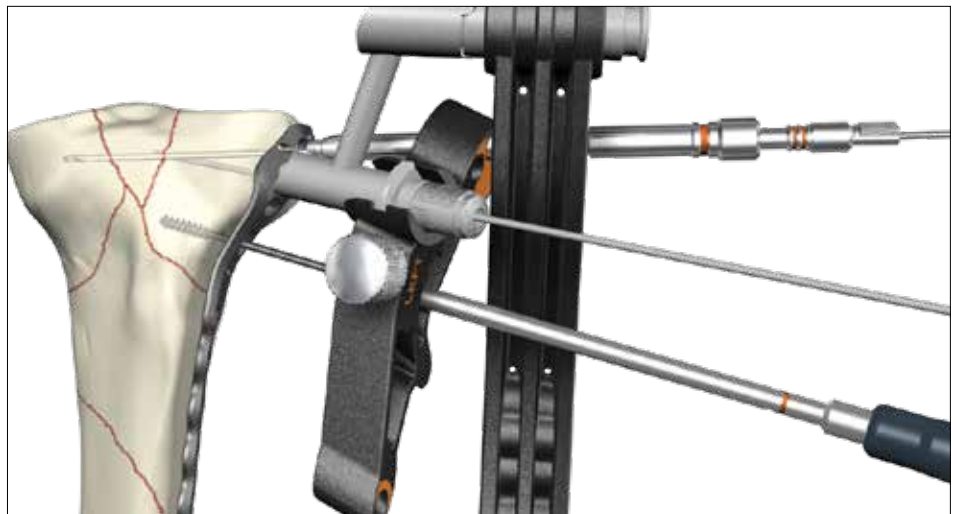


Fig. 12B

Additional non-locked screws can be inserted in any metaphyseal hole using the same technique through the guiding holes in the aiming block (ref 703564 left / 703565 right).

When using the aiming block (ref 703564 left / 703565 right) the tissue protection sleeve (ref 703578), the drill sleeve (ref 703572) and the calibrated drill Ø2.5mm (ref 703586) should be used.

Operative technique

Step 5 – metaphyseal plate fixation

B) Optional lag technique

Remove the sleeve assembly and the K-wire in the posterior metaphyseal hole. Disconnect and remove the aiming block. Freehand placement of a lag screw can now be performed using the freehand tissue protection sleeve (ref 702920) together with the drill sleeve Ø2.5mm (ref 703572) and the sleeve fixation screw (ref 703591). Using the calibrated drill Ø2.5mm (ref 703586), drill the core hole to the appropriate depth (fig. 13). The screw length can directly be read off the calibrated drill or using the screw scale (ref 703587) as described under the measurement options on page 7. Over-drill the first cortex using the cortical opener Ø3.5mm (ref 703590) through the tissue protection sleeve. A fully threaded cortical screw can then be inserted through the tissue protection sleeve. If inserting a Ø4.0mm cancellous screw, the near cortex should be pre-tapped using the cancellous tap (ref 703589). Care must be taken that these screws do not interfere with the locking screw trajectories. This is done by using locking drill sleeves (ref 703791) with K-wire sleeves (ref 703575) and K-wires (ref 703583).

C) Locking screw fixation

Locking fixation of the metaphyseal portion of the plate can now begin. Remove the K-wire and K-wire sleeve in the most posterior hole.

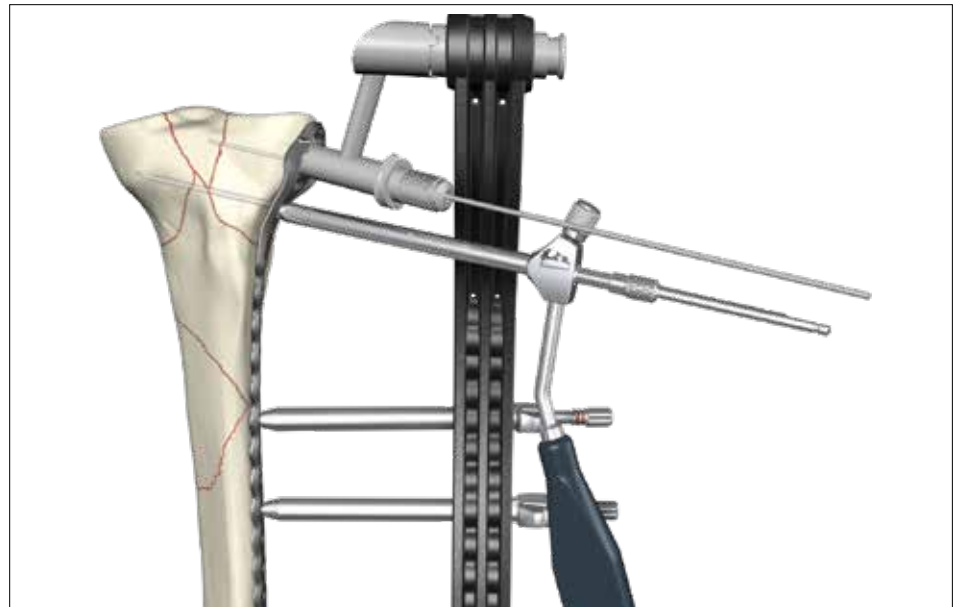


Fig. 13

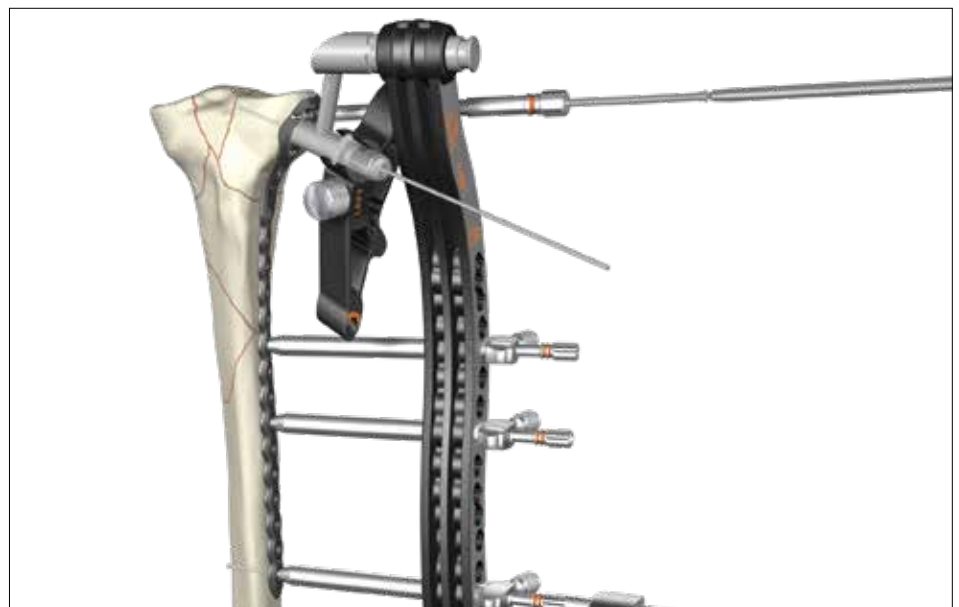


Fig. 14

Drill the core hole for the locking screw using a calibrated Ø3.1mm drill (ref 703585).

Using fluoroscopy, check the correct depth of the drill. The screw length can be obtained with any measurement option as described on page 7.

The drill and the drill sleeve should now be removed and the correct 4.0mm locking screw is inserted using the screwdriver T15 (ref 703594) or screwdriver bit T15 (ref 703595) if power insertion is selected (fig. 14).

Operative technique

Step 5 – metaphyseal plate fixation

The screw is near its final seating position when the orange marking around the shaft of the screwdrivers approaches the end of the tissue protection sleeve (fig. 15). Locking screws should initially be inserted manually to ensure proper alignment.

⚠ CAUTION

Ensure that the screwdriver tip is fully seated in the screw head, but do not apply axial force during insertion. In the extreme event of broken or stripped screws, the Stryker implant extraction set (Content ID IES-ST-1) includes a variety of broken screw removal instruments.

⚠ CAUTION

If inserting locking screws under power, make sure to use a low speed drill setting to avoid damage to the screw/plate interface and bone necrosis.

⚠ CAUTION

Final tightening of locking screws should always be performed manually using the torque limiter (ref 702760) together with the screwdriver bit T15 (ref 703595) and the T-handle (ref 702427) (fig. 16).

The torque limiter helps prevent overtightening of locking screws, and also ensures that these screws are tightened to a torque of 2.5Nm. The device will click when the torque reaches 2.5Nm.

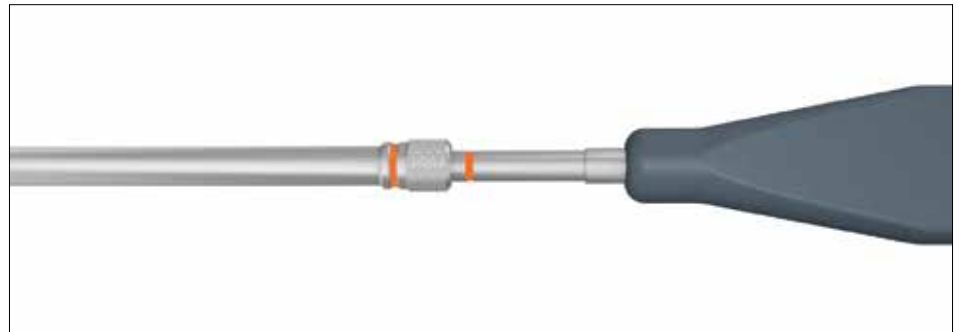


Fig. 15

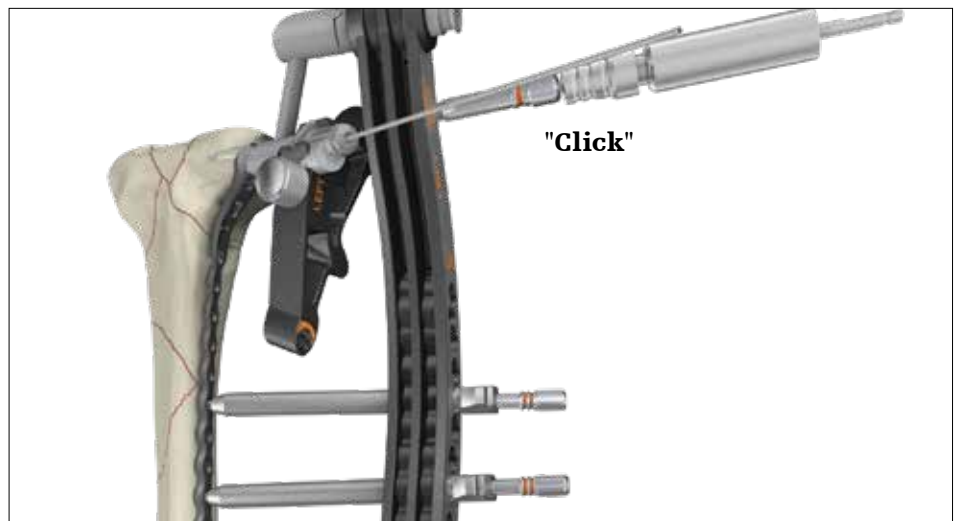
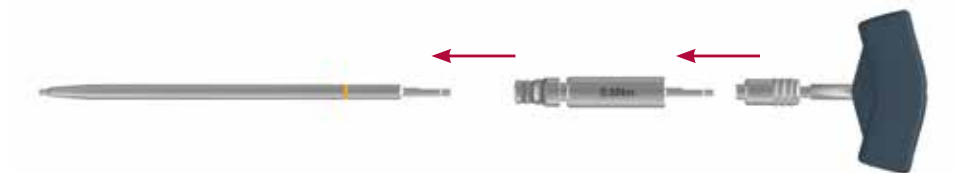


Fig. 16

⚠ CAUTION

The torque limiters require routine maintenance. Consult instructions for use at ifu.stryker.com.

Remove the K-wire in the plate adaptor before inserting subsequent metaphyseal screws to avoid interference with the drill/screws/power tool.

The two remaining superior locking screws supporting the articular surface are inserted following the same technique. To ensure stability in comminuted, unstable metaphyseal fractures, it is recommended that all locking holes are filled with a locking screw of the appropriate length.

It is recommended to place the lower rafter screw and the kick-stand screw after completion of the shaft fixation.

Operative technique

Step 6 – shaft fixation

A) Non-locking screws

Cortical screws in the shaft must be placed prior to any locking screws.

Mark the chosen shaft hole using the tissue protection sleeve and make a small incision. Insert the tissue protection sleeve (ref 703570) together with the sharp tip trocar (ref 703576) until the tip is in contact with the plate (fig. 17).

Push the tissue protection sleeve further until you hear a click, confirming that the sleeve has snapped into position (fig. 18).

Remove the trocar and replace it with the drill sleeve (ref 703572). Insert the trocar Ø2.5mm (ref 703584) and manipulate the assembly into the plate hole. Lock the drill sleeve and remove the trocar (fig. 19).

The calibrated drill Ø2.5mm (ref 703586) is then used to drill the core hole for the Ø3.5mm cortical screw (fig. 20).

Drill through both cortices for bi-cortical screw fixation. If lagging is desired, remove the drill guide after drilling the core hole, and over-drill the first cortex using the cortical opener Ø3.5mm (ref 703590).

The screw length can be determined with a directly read off the calibration of the drill, or any other measurement option described on page 7.

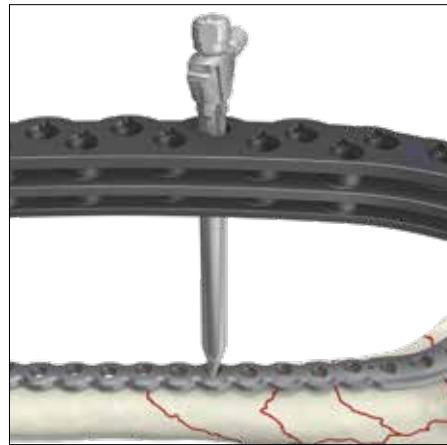


Fig. 17

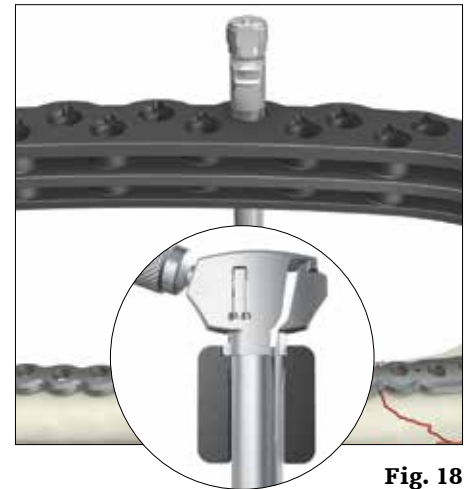


Fig. 18

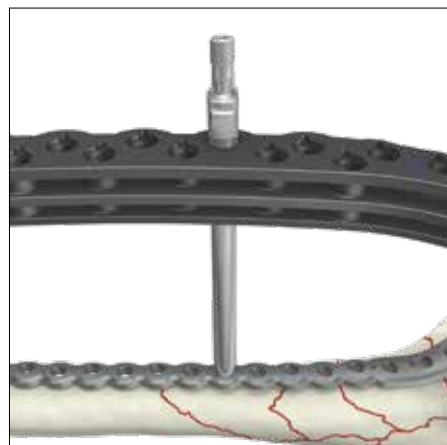


Fig. 19

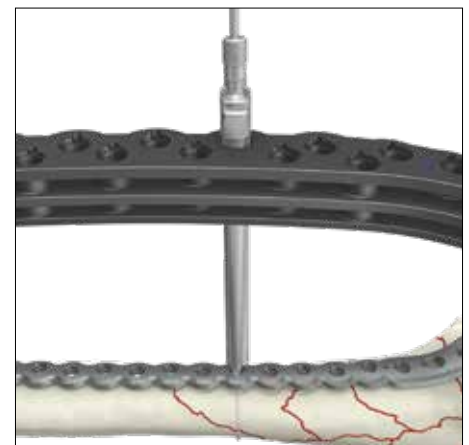


Fig. 20

Remove the drill sleeve. The appropriate size self-tapping cortical screw is inserted using the T15 screwdriver (ref 703594) or the screwdriver bit (ref 703595) should power insertion be desired (fig. 21).

In hard cortical bone, it is recommended to use the tap Ø3.5mm (ref 703588) before screw insertion. Repeat the same procedure for other chosen non-locking screws.

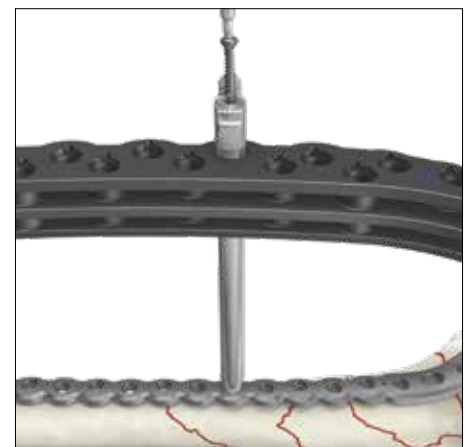


Fig. 21

Operative technique

Step 6 – shaft fixation

B) Locking screws

Ø4.0mm locking screws can be placed in any shaft hole except the two unthreaded holes in the junction from the metaphysis to the shaft part (one oval and one round hole). For the placement of locking screws, use the appropriate instrumentation listed on the right hand side and, follow the same procedure detailed in step a) non-locking screws.

Remove the targeting arm after completion of shaft fixation.

For locking screws use appropriate instrumentation outlined as follows:

- **Drill sleeve Ø3.1mm (ref 703791)**
- **Trocar Ø3.1mm (ref 703577)**
- **Calibrated drill Ø3.1mm (ref 703585)**
- **Screwdriver T15 (ref 703594)**
- **Screwdriver bit T15 (ref 703595)**
- **Tap locking (ref 703574)**
- **2.5Nm torque limiter (ref 702760)**



Operative technique

Step 7 – lower rafter and kick-stand screw placement

The oblique "kick-stand" locking screw is designed to provide strong triangular fixation to the medial metaphyseal fragments. It is recommended to insert the kick stand screw after completion of metaphyseal and shaft fixation.

It is advised to place this screw with the assistance of fluoroscopy to prevent joint penetration and impingement with other metaphyseal screws (fig. 22).

Re-attach the aiming block and if necessary, use drill sleeves Ø3.1mm (ref 703791) to insert a Ø4.0mm locking screw in the remaining metaphyseal locking hole (see step 5 for insertion guidelines).

Remove all targeting attachments.

Final plate and screw positions are shown in figures 23–24.

NOTICE

If an uncommonly hard cortex is identified during pre-operative planning, pre-tap both cortices using the tap for locking screws (ref 703574) before screw insertion. The flat tip drill is an option to help avoid skiving on the medial cortex within the medullary canal.



Fig. 22



Fig. 23



Fig. 24

Additional tips

CAUTION

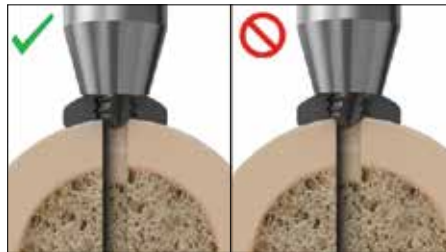
1. Always use the **threaded drill sleeve** when drilling for locking screws.



Freehand drilling can lead to a misalignment of the screw and therefore may result in screws jamming during final insertion. It is essential, to drill the core hole in the correct trajectory to facilitate accurate insertion of the locking screws.

CAUTION

2. It is recommended that screw insertion be performed using the soft tissue protection sleeve to ensure proper screw alignment in the core hole.



Freehand placement may result to a misalignment of the threads in the screw/plate interface during final insertion resulting in screw jamming.

CAUTION

3. Use low speed only and do not apply axial pressure if power screw insertion is selected. Stop power insertion approximately 1cm before engaging the screw head in the plate.



Power can negatively affect final screw insertion, and if used improperly, could damage the screw/plate interface (screw jamming). This can lead to screw head breaking or being stripped.

CAUTION

4. It is advisable to **tap hard** (dense) **cortical bone** before inserting a locking screw. Use the Ø4.0mm locking tap (ref 703574).



The spherical tip of the tap is designed to precisely align with the instrument in the pre-drilled core hole during thread cutting. This will facilitate subsequent screw placement.

CAUTION

5. Do not use power for **final insertion of locking screws**. It is imperative to engage the screw head into the plate using the torque limiter.

Ensure that the screwdriver tip is fully seated in the screw head, but do not apply axial force during final tightening. If the screw stops short of final position, back up a few turns and advance the screw again (with torque limiter on).



SPS Titanium – AxSOS 3 Titanium compatibility chart

Screws

The chart shows the compatibility of SPS Small and Basic Fragment Titanium screws with AxSOS 3 Plates and vice-versa.

			AxSOS 3 Ti 4.0mm						AxSOS 3 Ti 5.0mm								SPS 3.5mm			SPS 4.5mm				SPS 2.7mm				
			661014/-095	661410/-520	607310/-400	607410/-500	661612/-640	661004	661114/-195	661714/-850	608230/-350	608020/-150	608445/-550	661922/-975	661308/-320	661005	991088S	661002S	603010/-090	604010/-060	604210/-260	601014/-150	602030/-150	602245/-400	602420/-550	605008/-060		
			4.0mm locking Ti screw	3.5mm cortex Ti screw	4.0mm cancellous Ti screw - full thread	4.0mm cancellous Ti screw - partial thread	3.5mm cortex shaft Ti screw	4.0mm blind screw	5.0mm locking screw	4.5mm cortex Ti screw	6.0mm cancellous Ti screw - TL-16	6.0mm cancellous Ti screw - full thread	6.0mm cancellous Ti screw - TL-32	4.5mm cortex shaft Ti screw	5.0mm periprosthetic locking screw	5.0mm blind screw	5.0mm variable angle extension arm*	5.0mm cable plug	SPS 3.5mm Ti cortical screw	SPS 4.0mm Ti cancellous full	SPS 4.0mm Ti cancellous partial	SPS 4.5mm Ti cortical screw	SPS 6.5mm Ti cancellous 16.0mm	SPS 6.5mm Ti cancellous 32.0mm	SPS 6.5mm Ti cancellous full thread	SPS 2.7mm Ti cortical screw		
Plates	AxSOS 3 Ti 4mm	627302/-352	Proximal lateral tibia plate	X	X	X	X	X	X										X	X	X							
		627404/-452	Distal medial tibia plate	X	X	X	X	X	X											X	X	X						
		627454/-500	Distal anterolateral tibia plate	X	X	X	X	X	X											X	X	X						X
		627704/-752	Proximal medial tibia plate	X	X	X	X	X	X											X	X	X						
		627203/-250	Proximal lateral humerus plate	X	X	X	X	X	X											X	X	X						
		627502/-520	4mm compression plate	X	X	X	X	X	X											X	X	X						
Plates	AxSOS 3 Ti 5mm	627604/-650	Distal lateral femur plate							X	X	X	X	X	X	X	X	X				X						
		627532/-552	5mm compression plate narrow							X	X	X	X	X	X	X	X	X				X						
		627566/-582	5mm compression plate broad							X	X	X	X	X	X	X	X	X				X						
Plates	SPS Small Fragment	621423/-436	T-plate		X	X	X	X											X	X	X							
		621463/-468	Oblique T-plate		X	X	X	X												X	X	X						
		621443/-450	Cloverleaf plate		X	X	X	X												X	X	X						
		621122/-134	One third tubular plate		X	X	X	X												X	X	X						
Plates	SPS Basic Fragment	620413/-413	T-plate																			X	X	X	X			
		620454/-458	T-buttrass plate																				X	X	X	X		
		620704/-706	L-buttrass plate, left																				X	X	X	X		
		620754/-758	L-buttrass plate, right																				X	X	X	X		

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Notes

Notes

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