



stryker

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Stryker education

EEMEA Shoulder Advanced
Arthroscopy Course

Agenda

26-27 March 2026
InSITE Center, Istanbul

You specialise in your patients.
We specialise in you.

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EEMEA Shoulder Arthroscopy Course

Day 1

Duration	Subject	Speaker
Morning		
08:00	Transfer to InSITE Center	
08:30 – 08:45	Welcome reception	
08:45 – 09:00	Course Introduction	Vitaliia Karaban
09:00-9:45	Posterior Shoulder Instability (Posterior labrum suture, McLaughlin proceadure, boneplasty)	Dr. Goncharov
9:45-10:30	Management of SLAP lesion (refixation, LHB or tenodesis)	Dr. Sokołowski
10:30 – 10:45	Coffee break	
10:45-12:30	Lab session 1 -Posterior labrum suture techniques - Modified MCLaughlin proceadure - SLAP repair (LHB refixation)	
12:30-13:15	Lunch	
13:15 – 13:45	Tendons release techniques in massive retracted cuff tears and footprint medialization	Dr. Brzóska
13:45 – 14:15	Management of Subscapularis tendon tear	Dr. Goncharov
14:15 – 14:45	LHB augmentation in massive retracted supraspinatus tear. Superior capsular reconstruction	Dr. Brzóska
14:45 – 15:00	Coffee break	
15:00 – 17:00	Lab session 2 -Tendon release and footprint medialization -Cuff repair using LHB, superior capsular reconstruction - Double Row cuff suture	

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Day 2

Duration	Subject	Speaker
Morning		
08:00	Transfer to InSITE Center	
08:30 – 08:45	Welcome reception	
08:45-9:45	Irreparable cuff tears, Tendon transfers and neurovascular bundles release • Indications (Diagnosis, clinical and radiological exam) -20 min • Technique tips and tricks for open management -20 min • Technique tips and tricks for arthroscopic management-20 min	Dr. Goncharov Dr. Sokołowski Dr. Brzóska
9:45-10:30	Complicated cases discussion	All faculties
10:30 – 10:45	Coffee break	
10:45-13:00	Lab session 3 -Neurovascular bundles release. N. Suprascapularis, N. Musculocutaneus, N. Radialis. -Arthroscopic management of M. Pectoralis major, M. Pectoralis minor, M. Latissimus Dorsi -Arthroscopic and open release of foramen trilaterum and quadrilaterum -M. Pectoralis Major refixation	
13:00-14:00	Lunch	