

UHC Basic CDHP

Coverage for: Employee/Family| Plan Type: PS1

Coverage Period: 01/01/2020-12/31/2020

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Service

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit http://totalrewards.stryker.com/spd/ or call Your Benefits Representative. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at https://www.cms.gov/CCIIO/Resources/Forms-Reports-and-Other-Resources/Downloads/UG-Glossary-508-MM.pdf or call 1-800-387-7508 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: Employee Only \$2,500 Family Plan \$5,000 Individual/\$5,000 Family Non-Network: Employee Only \$5,000 Individual Per calendar year. Family Plan \$10,000 Individual/\$10,000 Family Per calendar year. Does not apply to services listed below as "No Charge".	Generally, you must pay all of the costs from providers up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive Care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the annual <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>costsharing</u> and before you meet your <u>deductible</u> . See a list of covered services at www.healthcare.gov/coverage/preventive-care-benefits/
Are there other deductibles for specific services?	No, there are no other <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this <u>plan</u> covers.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	Medical- Network: \$6,450 Individual / \$12,900 Family Non-Network: \$12,900 Individual / \$25,800 Family per calendar year	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket</u> <u>limit?</u>	<u>Premiums</u> , <u>balance-billing</u> charges, health care this <u>plan</u> doesn't cover, penalties for failure to obtain pre-notification for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See www.myuhc.com or call 1-800-387-7508 for a list of <u>network providers</u> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

Common Medical Event			What You Will Pay			
		Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Virtual visit - In <u>network</u> 30% <u>Coinsurance</u> after <u>deductible</u> by a designated Virtual <u>Network Provider</u> . No virtual visit out of <u>network</u> . If you receive services is addition to office visit, additional <u>deductible</u> and/or <u>coinsurance</u> may apply.		
	-	Specialist visit	30% Coinsurance	50% <u>Coinsurance</u>	None	
	Preventive care/screening/immunization	No Charge	50% <u>Coinsurance</u> <u>deductible</u> does not apply	Includes preventive health services specified in the health care reform law. You may have to pay for services that aren't preventive. Ask your provider if the services needed are preventive. Then check what your plan will pay for.		
I	You have a test	<u>Diagnostic test</u> (x-ray, blood work)	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Prior Authorization required for non- network Sleep Studies or a \$ 400 penalty will apply.	

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		What You		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Imaging (CT/PET scans, MRIs)	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	None
If you need drugs to treat your illness or	Generic Drugs (Tier 1)	Retail: 30% <u>Coinsurance</u> Mail Order: 30% <u>Coinsurance</u>	Retail: 50% <u>Coinsurance</u> Mail Order: N/A	Retail up to 31 day supply Certain preventive medications (including certain contraceptives) are covered at No Charge.
condition More information about prescription	Preferred brand drugs (Tier 2)	Retail: 30% <u>Coinsurance</u> Mail Order: 30% <u>Coinsurance</u>	Retail: 50% <u>Coinsurance</u> Mail Order: N/A	Mail order up to 90 day supply
drug coverage is available at www.myuhc.com	Non-preferred brand drugs (Tier 3)	Retail: 30% <u>Coinsurance</u> Mail Order: 30% <u>Coinsurance</u>	Retail: 50% <u>Coinsurance</u> Mail Order: N/A	Tier 1 contraceptives covered at no charge.
	Specialty drugs (Tier 4)	Retail: N/A Mail Order: N/A	Retail: N/A Mail Order: N/A	Some drugs require notification. See RX benefits
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	None
	Physician/surgeon fees	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	None
	Emergency room care	30% <u>Coinsurance</u>	30% <u>Coinsurance</u>	Non-Emergent Emergency Room Services not covered.
If you need immediate medical attention	Emergency medical transportation	30% <u>Coinsurance</u>	30% <u>Coinsurance</u>	Prior Authorization required for non- Emergency Air Ambulance or a \$400 penalty will apply.
	<u>Urgent care</u>	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Prior Authorization required for non- network or a \$ 400 penalty will apply.
	Physician/surgeon fees	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	None

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	What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Prior Authorization required for non- network intensive or extended outpatient services and Applied Behavioral Analysis (ABA) or a \$ 400 penalty will apply. EAP visit limits - 5 office visits per year, per issue.
	Inpatient services	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Prior Authorization required non- network or a \$ 400 penalty will apply.
	Office visits	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Routine Prenatal is covered at no charge.
7.0	Childbirth/delivery	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Prior Authorization required for non-
If you are pregnant	professional services Childbirth/delivery facility services	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	network if length of stay exceeds 48/96 hours or a \$ 400 penalty will apply.
	Home health care	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	120 visits combined in/out <u>network</u> . Prior Authorization required for non- <u>network</u> Home healthcare, private duty nursing, or a \$ 400 penalty will apply.
	Rehabilitation services	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	None
If you need help	<u>Habilitation services</u>	Not Covered	Not Covered	Not Covered
recovering or have other special health needs	Skilled nursing care	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	120 days combined in/out <u>network</u> . Prior Authorization required for non- <u>network</u> Skilled Nursing, private duty nursing or a \$400 penalty will apply.
	Durable medical equipment	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Single purchase prosthetic 1 every 3 calendar years. Prior Authorization required for DME devices over \$1000 or a \$400 penalty will apply.

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		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information	
	Hospice services	30% <u>Coinsurance</u>	50% <u>Coinsurance</u>	Prior Authorization required for non- network Hospice IP Only or a \$ 400 penalty will apply.	
	Children's eye exam	Not Covered	Not Covered	Not Covered	
	Children's glasses	Not Covered	Not Covered	Not Covered	
	Children's dental check- up	Not Covered	Not Covered	Not Covered	

Excluded Services & Other Covered Services:

services Your <u>Plan</u> Generally Does NOT Cover (Check your policy or <u>plan</u> document for more information and a list of any other <u>excluded</u> <u>services</u> .)					
• Acupuncture • Child vision glasses • Long-term care					
Adult routine vision exam (i.e. refraction)	Cosmetic Surgery	Non-emergency care when traveling			
Child dental check-up	Dental Care (Adult)	outside the U.S. • Weight loss programs			
• Child routine vision exam (i.e. refraction)	 Habilitation services 	weight loss programs			

• Acupuncture/needle therapy

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)				
• Bariatric Surgery • Hearing aids • Private-duty nursing				
Chiropractic care	 Infertility treatment 	 Routine foot care 		

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov/ or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 1-800-387-7508 or visit http://totalrewards.stryker.com/ or the Employee Benefits Security Administration at 1-866-444-3272 or www.dol.gov/ebsa/healthreform.

Additionally, a consumer assistance program may help you file your <u>appeal</u>. A list of states with Consumer Assistance Programs is available at www.dol.gov/ebsa/healthreform and http://cciio.cms.gov/programs/consumer/capgrants/index.html.

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Does this plan provide Minimum Essential Coverage? Yes

If you don't have <u>Minimum Essential Coverage</u> for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a <u>plan</u> through the <u>Marketplace</u>.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-387-7508.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-387-7508.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-387-7508.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-387-7508.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.—

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About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall	\$2.500
<u>deductible</u>	\$2,500
■ Specialist coinsurance	30%
■ Hospital (facility)	30%
<u>coinsurance</u>	3070
■ Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800
In this example, Peg would p	oay:

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$2,500	
Copayments	\$0	
<u>Coinsurance</u>	\$3,790	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$6,350	

Managing Joe's type 2 Diabetes

(a year of routine in-<u>network</u> care of a wellcontrolled condition)

■ The <u>plan's</u> overall	\$2,500
<u>deductible</u>	Ψ 2, 500
■ Specialist coinsurance	30%
■ Hospital (facility)	30%
<u>coinsurance</u>	30 / 0
■ Other coinsurance	30%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400
In this example, Joe would	pay:

<u>Cost Sharing</u>				
<u>Deductibles</u>	\$2,500			
Copayments	\$0			
Coinsurance	\$2,160			
What isn't covered				
Limits or exclusions	\$60			
The total Joe would pay is	\$4,720			

Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

■ The <u>plan's</u> overall	\$2,500
<u>deductible</u>	\$2,500
■ Specialist coinsurance	30%
■ Hospital (facility)	30%
<u>coinsurance</u>	30%
■ Other <u>coinsurance</u>	30%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
In this example, Mia would pay:	

<u>Cost Sharing</u>				
<u>Deductibles</u>	\$1,140			
Copayments	\$0			
<u>Coinsurance</u>	\$580			
What isn't covered				
Limits or exclusions	\$0			
The total Mia would pay is	\$1,720			

We do not treat members differently because of sex, age, race, color, disability or national origin.

If you think you were treated unfairly because of your sex, age, race, color, disability or national origin, you can send a complaint to the Civil Rights Coordinator.

Online: UHC_Civil_Rights@uhc.com

Mail: Civil Rights Coordinator. UnitedHealthcare Civil Rights Grievance. P.O. Box 30608 Salt Lake City, UTAH 84130

You must send the complaint within 60 days of when you found out about it. A decision will be sent to you within 30 days. If you disagree with the decision, you have 15 days to ask us to look at it again.

If you need help with your complaint, please call the toll-free number listed within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

You can also file a complaint with the U.S. Dept. of Health and Human Services.

Online: https://ocrportal.hhs.gov/ocr/portal/lobby.jsf

Complaint forms are available at http://www.hhs.gov/ocr/office/file/index.html.

Phone: Toll-free 1-800-368-1019, 800-537-7697 (TDD)

Mail: U.S. Dept. of Health and Human Services. 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201

We provide free services to help you communicate with us. Such as, letters in other languages or large print. Or, you can ask for an interpreter. To ask for help, please call the number contained within this Summary of Benefits and Coverage (SBC), TTY 711, Monday through Friday, 8 a.m. to 8 p.m.

ATENCIÓN: Si habla **español (Spanish)**, hay servicios de asistencia de idiomas, sin cargo, a su disposición. Llame al número gratuito que aparece en este Resumen de Beneficios y Cobertura (Summary of Benefits and Coverage, SBC).

請注意:如果您說中文 (Chinese),我們免費為您提供語言協助服務。請撥打本福利和承保摘要 (Summary of Benefits and Coverage, SBC) 內所列的免付費電話號碼。

XIN LƯU Ý: Nếu quý vị nói tiếng **Việt (Vietnamese)**, quý vị sẽ được cung cấp dịch vụ trợ giúp về ngôn ngữ miễn phí. Vui lòng gọi số điện thoại miễn phí ghi trong bản Tóm lược về quyền lợi và đài thọ bảo hiểm (Summary of Benefits and Coverage, SBC) này.

알림: 한국어 (Korean) 를 사용하시는 경우 언어 지원 서비스를 무료로 이용하실 수 있습니다. 본 혜택 및 보장 요약서 (Summary of Benefits and Coverage, SBC) 에 기재된 무료전화번호로 전화하십시오.

PAUNAWA: Kung nagsasalita ka ng **Tagalog (Tagalog)**, may makukuha kang mga libreng serbisyo ng tulong sa wika. Pakitawagan ang toll-free na numerong nakalista sa Buod na ito ng Mga Benepisyo at Saklaw (Summary of Benefits and Coverage o SBC).

ВНИМАНИЕ: бесплатные услуги перевода доступны для людей, чей родной язык является **русском (Russian)**. Позвоните по бесплатному номеру телефона, указанному в данном «Обзоре льгот и покрытия» (Summary of Benefits and Coverage, SBC).

تنبيه: إذا كنت تتحدث العربية (Arabic)، فإن خدمات المساعدة اللغوية المجانية متاحة لك. يُرجى الاتصال برقم الهاتف المجاني المدرج بداخل مخلص المزايا والتغطية (Summary of) هذا.

ATANSYON: Si w pale **Kreyòl ayisyen (Haitian Creole)**, ou kapab benefisye sèvis ki gratis pou ede w nan lang pa w. Tanpri rele nimewo gratis ki nan Rezime avantaj ak pwoteksyon sa a (Summary of Benefits and Coverage, SBC).

ATTENTION : Si vous parlez **français (French)**, des services d'aide linguistique vous sont proposés gratuitement. Veuillez appeler le numéro sans frais figurant dans ce Sommaire des prestations et de la couverture (Summary of Benefits and Coverage, SBC).

UWAGA: Jeżeli mówisz po **polsku (Polish)**, udostępniliśmy darmowe usługi tłumacza. Prosimy zadzwonić pod bezpłatny numer podany w niniejszym Zestawieniu świadczeń i refundacji (Summary of Benefits and Coverage, SBC).

ATENÇÃO: Se você fala **português (Portuguese)**, contate o serviço de assistência de idiomas gratuito. Ligue para o número gratuito listado neste Resumo de Benefícios e Cobertura (Summary of Benefits and Coverage - SBC).

ATTENZIONE: in caso la lingua parlata sia l'**italiano (Italian)**, sono disponibili servizi di assistenza linguistica gratuiti. Chiamate il numero verde indicato all'interno di questo Sommario dei Benefit e della Copertura (Summary of Benefits and Coverage, SBC).

ACHTUNG: Falls Sie **Deutsch (German)** sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Bitte rufen Sie die in dieser Zusammenfassung der Leistungen und Kostenübernahmen (Summary of Benefits and Coverage, SBC) angegebene gebührenfreie Rufnummer an.

注意事項:**日本語** (Japanese) を話される場合、無料の言語支援サービスをご利用いただけます。本「保障および給付の概要」 (Summary of Benefits and Coverage, SBC) に記載されているフリーダイヤルにてお電話ください。

ر این خلاصه مزایا و پوشش (Summary of	ِ لطفاً با شماره تلفن رایگان ذکر شده د	ِ رایگان در اختیار شما می باشد	،، خدمات امداد زبانی به طور	زبان شما فارسى (Farsi) است	وجه: اگر
			بگیرید.	Benefits and Covera) تماس	ge• SBC

 और कवरेज (Summary of Benefits and Coverage, SBC) के इस सारांश के भीतर सूचीबद्ध टोल फ्री नंबर पर कॉल करें।

CEEB TOOM: Yog koj hais Lus **Hmoob (Hmong)**, muaj kev pab txhais lus pub dawb rau koj. Thov hu rau tus xov tooj hu dawb teev muaj nyob ntawm Tsab Ntawv Nthuav Qhia Cov Txiaj Ntsim Zoo thiab Kev Kam Them Nqi (Summary of Benefits and Coverage, SBC) no.

ចំណាប់អាវម្មណ៍ៈ បើសិនអ្នកនិយាយ**ភាសាខ្មែរ (Khmer)** សេវាជំនួយភាសាដោយឥតគិតថ្លៃ គឺមានសំរាប់អ្នក។ សុមទូរស័ព្ទទៅលេខឥតចេញថ្លៃ ដែលមានកត់នៅក្នុង សេចក្តីសង្ខេបអត្ថប្រយោជន៍ និងការ៉ាបង់រង (Summary of Benefits and Coverage, SBC) នេះ។

PAKDAAR: Nu saritaem ti **Ilocano (Ilocano)**, ti serbisyo para ti baddang ti lengguahe nga awanan bayadna, ket sidadaan para kenyam. Maidawat nga awagan ti awan bayad na nu tawagan nga numero nga nakalista iti uneg na daytoy nga Dagup dagiti Benipisyo ken Pannakasakup (Summary of Benefits and Coverage, SBC).

DÍÍ BAA'ÁKONÍNÍZIN: **Diné (Navajo)** bizaad bee yánilti'go, saad bee áka'anída'awo'ígíí, t'áá jíík'eh, bee ná'ahóót'i'. T'áá sh**ǫ**qdí Naaltsoos Bee 'Aa'áhayání dóó Bee 'Ak'é'asti' Bee Baa Hane'í (Summary of Benefits and Coverage, SBC) biyi' t'áá jíík'ehgo béésh bee hane'í biká'ígíí bee hodíilnih.

OGOW: Haddii aad ku hadasho **Soomaali (Somali)**, adeegyada taageerada luqadda, oo bilaash ah, ayaad heli kartaa. Fadlan wac lambarka bilaashka ah ee ku yaalla Soo-koobitaanka Dheefaha iyo Caymiska (Summary of Benefits and Coverage, SBC).